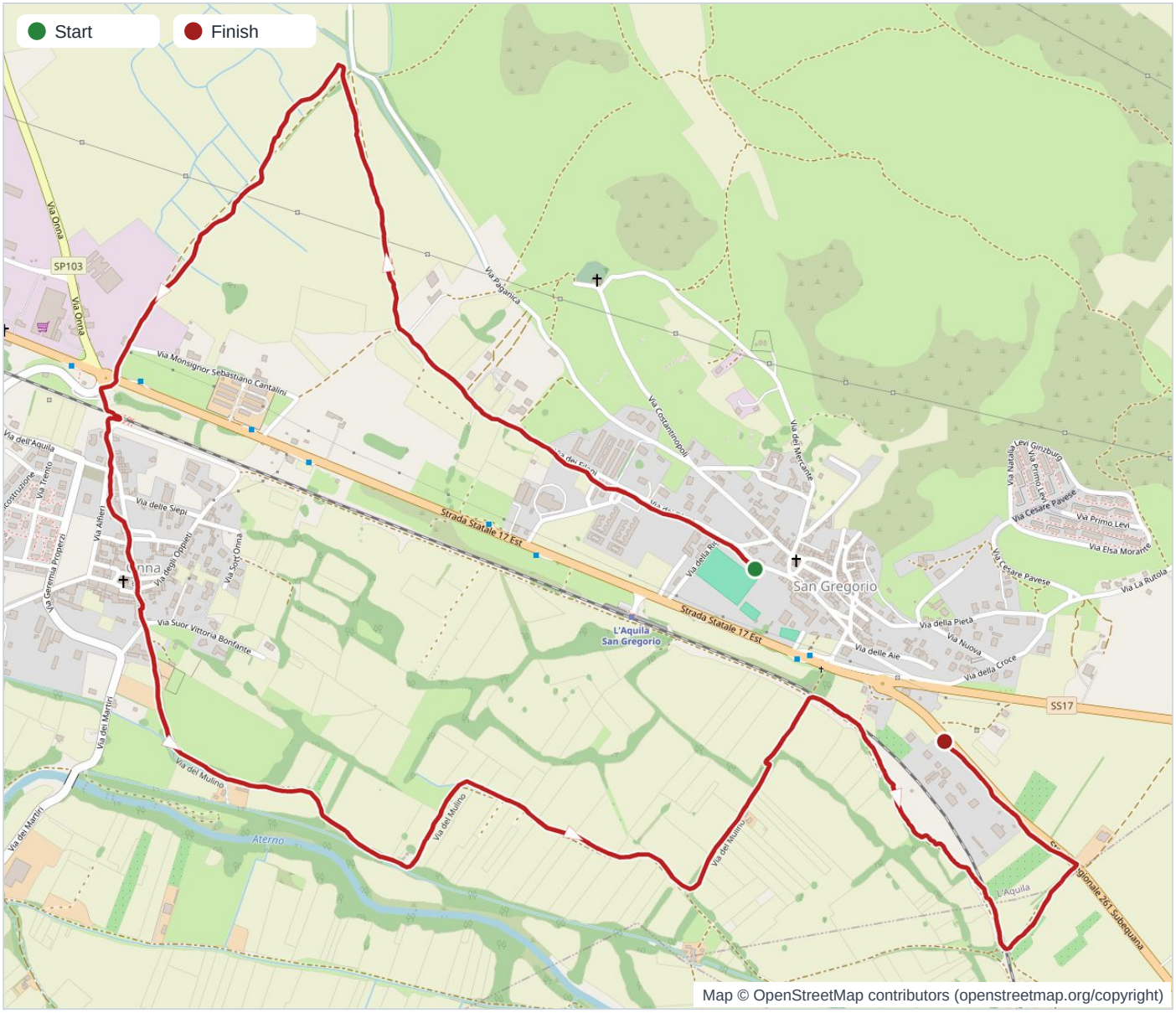
# San Gregorio – Onna – the mill

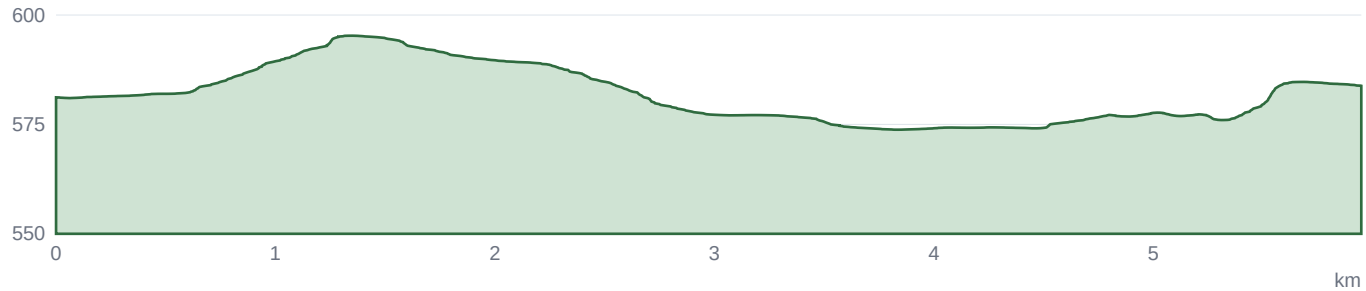
San Gregorio, L'Aquila · abruzzoparchi.it

| LENGTH | ASCENT | ALTITUDES | TIME | TYPE |
|---|---|---|---|---|
| **5.9 km** | **22 m** | **574 – 595 m** | **~ 1h 20** | **Loop** |

An easy loop on the valley floor, from San Gregorio towards Onna and the mill.




## Elevation profile




Track recorded by abruzzoparchi.it. Altitudes from the EU-DEM terrain model.
Check the weather before you set out. In an emergency call 112.
Route page: https://www.abruzzoparchi.it/sangregoriotrekking/?lang=en