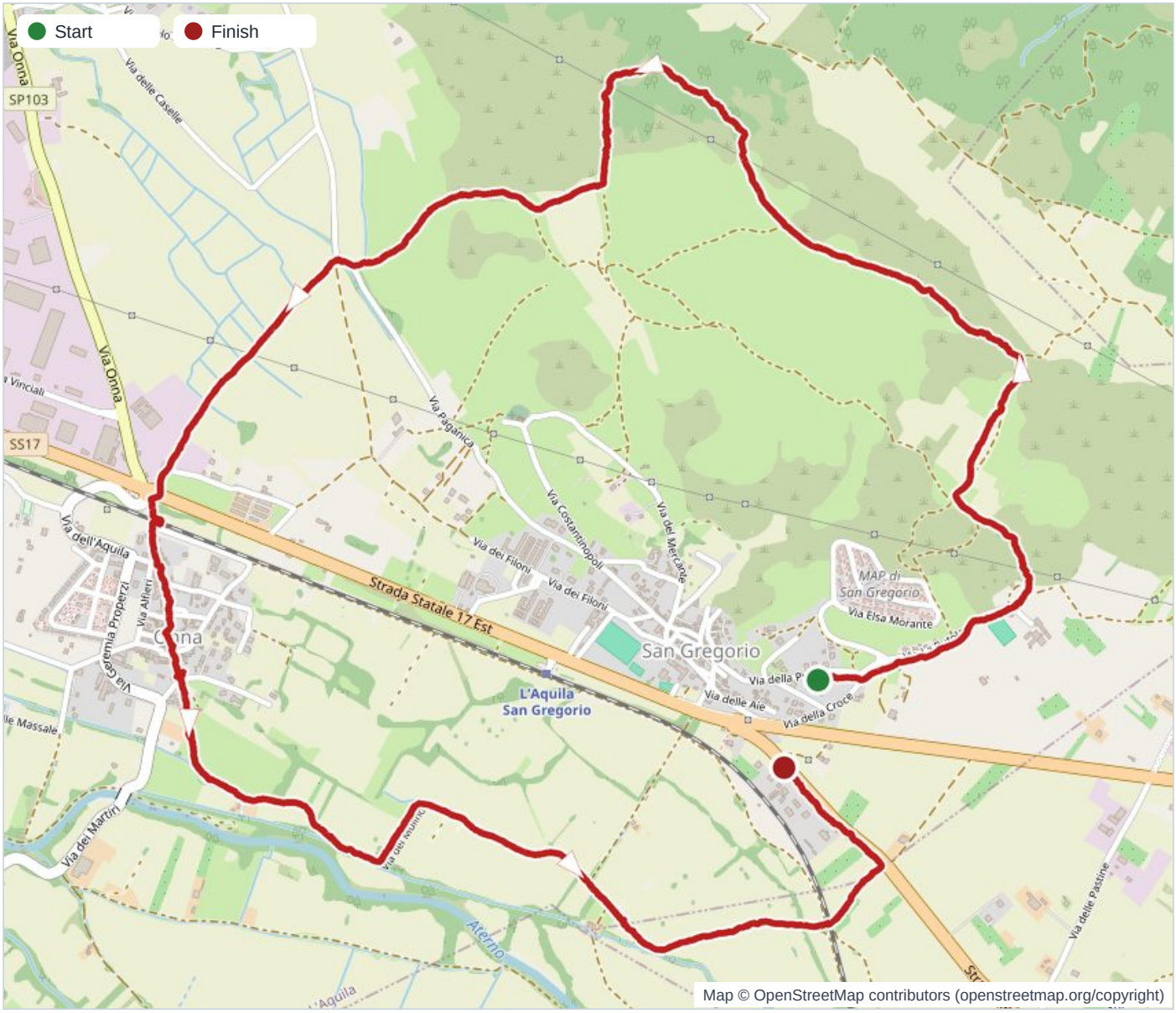
Manicola variant via Onna

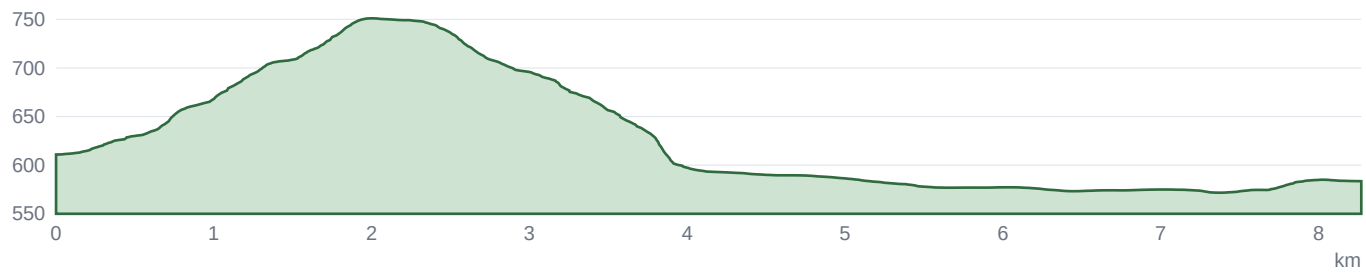
San Gregorio, L'Aquila · abruzzoparchi.it

LENGTH	ASCENT	ALTITUDES	TIME	TYPE
8.3 km	**147 m**	**572 – 751 m**	**1h 42**	**Loop**

It links the Manicola hill with the valley floor towards Onna, starting and finishing in San Gregorio.



Elevation profile



Track recorded by abruzzoparchi.it. Altitudes from the EU-DEM terrain model.
Check the weather before you set out. In an emergency call 112.
Route page: https://www.abruzzoparchi.it/sangregoriotrekking/?lang=en